

Biography

MICHAEL BENNER is the author of *Fearless Intelligence — The Extraordinary Wisdom of Awareness* and the breakthrough self-awareness training, *Internal Vigilance*, commissioned by the Orange County California Sheriff's Academy in Anaheim. He is also well known throughout Southern California for his popular "human potential" talk radio programs on KABC-AM, KLOS-FM, KLSX-FM, KCBS-FM, KRLA-AM, and most recently on KPFK-FM.

Michael left broadcasting as a full-time profession in 1987 to begin his own business, *Personal Development Strategies*. With offices now in La Quinta near Palm Springs, California, he provides counseling and personal development training to individuals and couples, as well as consulting and training for business executives, managers, and teams. As presented by Michael, *Personal Development Strategies* include self-awareness and emotional intelligence, stress management, critical thinking, and relationship management. He has also served as the Sports Psychology Consultant for the U.S.C. Women's Tennis Team and the Burbank Burroughs High School Baseball Team.

Besides his B.A. degree in Journalism and Broadcast Media Management from Michigan State University, the California Community Colleges Board of Governors has granted Michael lifetime certification as an instructor of Communication Arts. He has taught at Mt. San Antonio College in Walnut and Rancho Santiago Community College in Tustin, served as a member of the Los Angeles County Board of Education's Radio Broadcast Advisory Committee and the Pasadena City College Broadcast Advisory Committee. Michael is a federally licensed amateur radio operator, *N6LJR*, and the founding City Radio Officer for the Glendale Emergency Amateur Radio Service (GEARS). He is a past member of both the Board of Directors for the Glendale-Crescenta Valley Chapter of the American Red Cross and the Board of Directors for the Glendale Family YMCA.

Michael has received formal accolades and awards from the United Nations Association, the California State Senate, the Los Angeles County Board of Supervisors, the American Red Cross, the Live and Learn Foundation, the National Leukemia Broadcast Council, the Glendale Family YMCA, and the Glendale Jaycees. His biography can be found in *Marquis Who's Who in the West*, 27th edition.

Michael Benner has appeared as a featured guest on:

- *The Tom Snyder Show* (KABC-TV, LA, Ch 7.),
- *Mid-Morning L.A.* with Stephanie Edwards (KCAL-TV, Ch 9),
- *Morning Show* with Doc Brittan (KROQ-FM),
- *The Carole Hemingway Show* (KGIL-AM, L.A.),
- *Feast of Friends* with Jim Ladd (KMPC-FM, L.A.),
- *Impact* with Frank Sontag (KLOS-FM, L.A.),
- *Suzanne Whatley Show* (KOST-FM, L.A.),
- *The Tobi Knight Show* (KBIG-FM, L.A.),
- *Controlling Earthquake Fear* with Jack Popejoy (KFWB-AM, L.A.),
- *Nightbeat* with Robert McCormick (KCBS-AM, San Francisco),
- both *The Mark Gold Show* and *The Laura Cain Show* (KLIF-AM, Dallas/Fort Worth),
- *Middle East in Focus* with Dr. Moneim Fadali, *Something's Happening* with Roy Tuckman, and *The Philosopher's Stone* with Pamela Burton (KPFK-FM, L.A.),
- *Midnight Rendezvous* with Matthew Gray (KIEV-AM, Glendale),
- *The Mastermind Hour* with Mark Bachrach (KFOX-FM, Redondo Beach),
- *Talk of the City* with Larry Marino (KPCC-FM, Pasadena),
- *The Radio Rich Show* with Rich Dalton (KSD-AM & KTSR-FM, St. Louis),
- and *The Gary Null Show* on the American Radio Network (214 stations).

Articles *about* Michael have appeared in the Los Angeles Times, Los Angeles Daily News, Orange County Register, Glendale News Press, Glendale Business, Glendale Gazette, L.A. Weekly, and numerous college newspapers. Articles written *by* Michael have appeared nationally in the Utne Reader and Whole Life Times magazine and locally in the Los Angeles Daily Journal, Glendale Business, Razal Magazine, Orange County Peace Conversion Times, and San Diego Newswire.

Michael has been a regularly scheduled speaker at the Whole Life Expo, the Philosophical Research Society, the Live and Learn Center, the Mind Skills Center in Los Angeles, the Helix Center in Irvine, and the National Whole Health Symposium in Las Vegas, Nevada. In March, 2001, he was the keynote speaker for the 38th annual Glendale Mayor's Prayer Breakfast. He also speaks regularly for various businesses, public service organizations and college groups.

Michael Benner

Experience 1987 – present **Personal Development Strategies** La Quinta, CA

Executive Director

- Author: *Fearless Intelligence — the Extraordinary Wisdom of Awareness*
- Personal counseling and training for individuals, couples, and business.
- Skills to enhance the quality of life, performance and productivity.
- Preventive maintenance for executives, managers, and employees.
- Limits company liability in stress disability litigation.

1993 – 2007 **KPFK-FM**, Pacifica Broadcasting No. Hollywood, CA

Radio Talk Show Commentator

- Present current events commentary and lead discussion with callers.
- Interview in-studio guests during live broadcast.

2002 – 2003 **KRLA-AM & KRLH-AM**, Salem Broadcasting Glendale, CA

Radio Talk Show Commentator

- Interview guests & callers on human potential and personal development topics.

1998 – 2001 **KCBS-FM, Arrow 93.1**, CBS/Infinity Hollywood, CA

Radio Journalist

- Write and read hourly news.
- Gather and edit wire copy and sound bites.

1990 – 1995 **KLSX-FM**, CBS/Infinity Los Angeles, CA

Radio Talk Show Host / Public Affairs Director

- Host live telephone talk show. Interview on-air guests and callers.
- Maintain public file ensuring compliance with federal (FCC) rules & regulations.

1977 — 1987 **KABC-AM & KLOS-FM**, Cap Cities/ABC, Los Angeles, CA

Radio Talk Show Host / Radio Journalist / Public Affairs Dir. on KLOS

- Host live telephone talk shows. Interview on-air guests and callers.
- Write and read hourly news. Also Dodger post-game news on AM-side.

1968 – 1977 Radio stations in Los Angeles, CA and Detroit, MI.

Radio Talk Show Host / Radio Journalist / Public Affairs Director

KWST-FM, KPOL-AM, KBLA-AM, KNAC-FM, WWWW-FM, WRIF-FM, WDRQ-FM, WILS-AM & FM, WHFB-AM & FM.

Education 1966 – 1970 **Michigan State University** E. Lansing, MI

- B.A., Television and Radio Management.

Certification

- Lifetime credential - Communication Arts Instructor awarded by the California Community College Board of Governors.
- Educational Hypno-therapist (C.Ht.) awarded by Live & Learn Foundation.

Michael Benner's Talk Show *Makes News* . . .

“Your programs have always been a source of inspiration for me. I’m always amazed by how much focus and clarity and renewal come from just a few minutes of what you have to say.

— *Jackson Browne, Rock Star*

“Hands down one of the best talk show hosts to ever open a mic. I'm glad we had the chance to work together at KLSX and KRLA.”

— *Jason Jeffries, Program Director, KRLA Radio, faculty at Valley College, Los Angeles*

“I have never heard a more enlightening, informative program.”

— *California State Univ., Northridge “Scene” magazine*

“Benner still raises a challenging, articulate, uncensored voice of knowledgeable dissent, butchering sacred cows while the sun doesn’t shine. Listeners constantly marvel at Benner’s remarkable fact recall and admire his skill at verbal jousting.”

— *L.A. Daily News, “Friday” magazine*

“Credit Benner for bringing consciousness-raising back into vogue.”

— *ibid.*

“Benner is no ideologue. His conservative views on some domestic issues and his libertarian nature makes this talk show host difficult to label.”

— *Pierce College “Bull” magazine*

“Michael Benner is fiercely independent. His late-night and early-morning talk show on L.A.’s KLOS-FM is to many of his tens of thousands of listeners, a no-cream-please burst of enlightenment and inspiration.”

— *ibid.*

“You could call Michael Benner a kind of Norman Vincent Peale of the Left. Benner believes in the power of the mind, only he’s more interested in helping to save his species than enabling salesmen to increase their draw.”

— *L.A. Weekly*

“Benner is known both for his very non-conventional, independent politics and his authoritative views on human potential development. Both of these subjects he discusses and argues for in an extremely articulate manner, which makes listening to him an experience in itself.”

— *California Institute of Technology “Tech” newspaper*